Minobinmaadziwin
“A Good Life”

Our Mission
Empower and enhance the physical, spiritual, emotional, and mental wellbeing of American Indian families and other underserved populations in SE MI through culturally grounded health and family services.

Our Vision
AIHFS will be nationally recognized as a leading Urban Indian health and community center supporting healthy Native people, families, and communities.
About Us
American Indian Health & Family Services of Southeastern Michigan (AIHFS) Inc., is a Title V, Urban Indian Health Organization. We are supported by funding from Indian Health Service, a variety of grants, and contributions from partners and community members.

AIHFS combines Western medical practice with traditional healing to encourage overall wellness among the people.

Cultural Services
Spiritual leaders from diverse Native communities are often invited to the AIHFS to share their gifts, beliefs and wisdom.
Some of these services include:

- Sweat Lodges
- Traditional Teachings
- Workshops

Limited transportation may be available, please call for information.

Clinic Services
- Family Practice Medical Clinic- general medicine, physicals, chronic disease management
- Wellness Visits
- STD/STI and HIV Testing
- Cancer Screenings
- Immunizations (Children and Adults)
- Insurance/Benefits Enrollment

Behavioral Health Services
- Mental Health Counseling
- Addictions Counseling
- Recovery Support Group
- Women’s & Men’s Groups
- Suicide Prevention

Community Wellness Services
- Nutrition & Physical Activities
- Gardening & Food Sovereignty
- Community/Cultural Events
- Healthy Start Family Spirit (Pregnant women/those with children under 5)
- Early Head Start Home Visiting (Pregnant or children up to age 3)
- Youth Groups (Ages 5-24)
- Education & Career Support (ages 14-24)

AIHFS on the Web!
For more info visit….

www.aihfs.org
www.facebook.com/aihfs
User: aihfsmich

Interested in Donating?
AIHFS is a 501(c)3 nonprofit organization, so your contributions are tax deductible!

Credit card or Paypal donations: http://www.aihfs.org/donate.html

Please send Checks payable to: American Indian Health
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