

## November 15<sup>th</sup> begins Health Insurance Marketplace Open Enrollment

American Indian Health and Family Services reminds Southeastern Michigan residents to 'get covered, stay covered' as open enrollment gets underway.

Detroit, Mich., November 18, 2014 — With new enrollment for health insurance beginning Saturday, Nov. 15, American Indian Health and Family Services today announced its free in-person assistance to help residents understand the range of affordable and accessible options.

Residents in Southeastern Michigan can go online to www.aihfs.org or call (313) 846-6030 to speak to a knowledgeable guide who will explain the open enrollment process. In-person assistance is available for anyone already insured through the Health Insurance Marketplace — or those who are uninsured, underinsured, or simply want to explore additional choices.

"Michigan residents need to know just one thing as health insurance enrollment gets underway: It's easy to get covered and stay covered," said Ashley Tuomi Executive Director. "Free in-person assistance is widely available, and new plans and programs such as the Healthy Michigan Plan can make health insurance affordable."

"Anyone who already has health insurance through the Health Insurance Marketplace should stay covered," Tuomi said. "Anyone who doesn't have health insurance needs to get covered."

American Indian Health and Family Services would also like to remind residents about the following:

- Anyone who already has coverage through the Healthy Michigan Plan, Medicaid or MIChild must renew at least every year; they can look for information in the mail from the Michigan Department of Human Services about renewal.
- Anyone with coverage through the Health Insurance Marketplace can keep their plan or shop for a new one.

- Renewal must take place between Nov. 15, 2014 and Feb. 15, 2015 so it's
  important to not delay. Members of U.S. Federally Recognized Tribes can enroll
  at any time.
- Anyone lacking health insurance must get covered.
- Those who are uninsured should review options, check to see how much financial help is available, and choose the coverage that meets their needs and fits their budget.
- Visit **Healthcare.gov** to enroll or renew online.
- Visit MICoverage.org to learn more about coverage options in Michigan.

## **About American Indian Health & Family Services**

American Indian Health and Family Services is a non-profit urban Indian health center serving American Indian families and other underserved populations of Southeastern Michigan. They offer comprehensive, culturally-integrated health care by providing medical and behavioral health services and health education services, in addition to outpatient substance abuse treatment and prevention programs. These services are open to persons with or without insurance. They also have an active youth program, provide health and wellness programs, and sponsor community events.

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